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Autumn Apple and Spinach Salad

Portions : 4 personnes

INGREDIENTS

2 tblsp red wine vinegar
Salt and pepper
1 tsp Dijon mustard
2 tblsp olive oil
2 tblsp nut oil
1 package (6 oz) young spinach
6 cherry tomatoes
2 Cortland apples
3/4 cup canadian Feta cheese
100 g pecan nuts

Pour vinegar into a small bowl.
Add salt and pepper and dissolve
Add mustard and beat with a fork.
Progressively add the oils. Set aside.
Wash spinach, tomatoes and apples.
Cut tomatoes into two pieces, cut apples into quarters.
Mix in a salad bowl and add Feta.
Pour vinaigrette on salad and scatter nuts on top.

Source :

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